

Despite adversity, despite the challenges, we have been able to maintain our commitments to our local partners against all odds, our heartfelt thanks going to all ABCD supporters, writes Val Jourdan, MBE, Chair and founder Trustee



The brand-new ABCD Minibus

We are so grateful to our unwavering body of loyal supporters for the confidence they have shown ABCD this past year, enabling us to maintain our year-on-year funding benefiting the Bethlehem Arab Society for Rehabilitation, The Sheepfold, near Bethlehem and the Rehabilitation Centres in Jalazone, Nur Shams and Al Arroub refugee camps. Your generosity, plus the remarkable altruism of a philanthropic donor, has allowed us to fulfil projects that had been only dreams until now.



Nadia, with mobility issues, at play at a centre

Now up and running this spring is the brand-new **Sensory Room at Al Arroub**, an invaluable part of comprehensive rehabilitation; a **12-seater minibus for Nur Shams** to widen the centre's area of work transporting children from villages further afield and the equally new **Sensory Playground for Jalazone** offering the children further opportunities to develop and have joyful exercises as part of their therapy.

Thank you for your support and our heartfelt wishes to you all, Val, trustees and team.

Update on how Covid-19 has affected Palestine



Samir receiving physiotherapy treatment

The first consignment of vaccines (Pfizer and AstraZeneca) provided by the Covax scheme to help poorer countries access supplies has now arrived in the West Bank and Gaza. As the refugee camps in which we work are very overcrowded, vaccinations are vital to save lives so that a more normal life as possible can be resumed.

US President Joe Biden's administration will send \$15 million to the Palestinians to assist in the COVID-19 response in the West Bank and Gaza two years after former President Donald Trump cut all aid, relieving the immediate pressures on funding health and education in the camps.



2 year-old Areez on treatment bars

Despite the challenges ABCD and our Palestinian partners encounter, no child will go without the help they need – now and in the future.

FIRAS SARHAN, our project manager, set up the Facebook page, **TELEREHABILITATION**,

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Ahmed, with learning difficulties on an ipad with his therapist



Nadir, 3, with Down's Syndrome, with therapist

helping those during lockdown to be able to offer online rehabilitation remotely for families and centre managers. Centres' staff look forward to working fully hands-on again and to continue with Telerehabilitation as a highly useful adjunct for their work.

ABCD'S CALENDAR OF EVENTS and HOW YOU CAN HELP THE CHARITY

To enhance ABCD's vital funding, here are some ways you can help us and also to spread the word about ABCD now in its 35th year working for children with disability in Palestine.

LEGACIES: We appreciate that family and friends come first when you're planning for the future but would you consider leaving a share to ABCD? You will continue to give much-needed support to children with disabilities. Help us to help them. Contact us at info@abcbdethlehem.org



GIVE AS YOU LIVE raises free funds for charity by shopping online. You can support any of the 200,000+ charities in the UK and shop with over 4,000 leading stores - including eBay, John Lewis and Booking.com. The Give as you Live Donation Reminder makes it even easier to raise these free funds. Help ABCD with this method. www.giveasyoulive.com/join/abcbdethlehem

WAYS TO DONATE:

Donate online via Virgin Giving

Charity Checkout/Enthuse: via www.abcbdethlehem.org

Make a bank transfer to Lloyds TSB, Sort Code: 30 99 66, Account Number: 00 63 09 49

Sign up for Give as you Live - see above.

Cheques (made out to ABCD) can be sent to Dovecot House (see full address below).

For more options, including setting up a standing order, please go to www.abcbdethlehem.org/donate

ABCD Registered Office:

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Company Number 04383155



PALART 2021 - Auction of original Palestinian & British artwork

Due to the cancelled live auction in 2020, we invite you to renew your interest and hoped-for participation in our 2021 online auction to support our work in the West Bank. We hope to be able to hold our live London Auction on Monday, 25 October, 2021 too. Paintings, etchings, drawings, linocuts, embroideries and sculptures are open for online bids. You can also bid for Our Buy-It-Now Auction, some fine pieces to discover from £20 - £50. www.palart.org.uk

GREENBELT 2021 - WILD AT HEART 27-30 AUGUST



Join us at 47th year of this loved festival of the arts, faith and justice, Broughton Hall, Kettering, for all ages. We'll be there, flying the ABCD flag. Come by and say hello. www.greenbelt.org.uk

ABCD CAROL CONCERT DECEMBER 2021 - DATE TBA

Join us at St George's, Bloomsbury, London, to celebrate everything you have helped to make happen for ABCD. With festive singing. Stay for a drink and Palestine nibbles. Music conducted by ABCD's Trustee and Music Therapist Canon Claire Tillotson.

WHERE IS WALEED? Where on earth is the young boy Waleed? Find him by the end of the month to win prizes via the new ABCD charity competition by donating £5 per grid square on the Palestinian map to win prizes, the top one £100. You'll be contributing to fund paediatric wheelchairs as able-bodied Waleed walks on his journey for less mobile children. Are you game for a fiver? Sure you are! Find Waleed! How to enter Donations can be made via our Virgin Giving page -

www.abcbdethlehem.org/events/where-is-waleed



ABCD ALTERNATIVE TOUR to the Palestinian Territories 7-14 February 2022

Organised by Reverend Daniel Burton, ABCD Trustee and fluent Arabic speaker with years of experience living in the West Bank, he will lead the unique 8-day tour visiting Hebron, Nablus, Jericho, The Dead Sea, Jerusalem and other major places of interest as well as one of ABCD's three refugee camps' Rehabilitation Centres.

Cost: £1145. www.abcbdethlehem.org/events/abcd-alternative-tour-to-the-palestinian-territories

PALESTINE MARATHON 2022

We will be participating in the March 2022 Palestine Marathon and it's never too early to sign up for it as a walker or runner of any age. Come and join us. You will have the opportunity to visit ABCD-supported Refugee Rehabilitation Centres while there.

See www.abcbdethlehem.org for more details.